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**CT**

<b>Head/Neck or Chest:</b>	Nothing to eat or drink four hours prior to examination.
<b>Abdomen and/or Pelvis</b>	Clear liquid diet for 4 hours prior to exam. Liquids include clear juices such as apple, cranberry and grape, clear soups, Jell-O, coffee, or tea. No milk products or carbonated beverages.
<b>Spine/Bone or Joint</b>	No preparation necessary.

**If you have a history of an allergy** to iodinated contrast, asthma, or a strong allergic history, please notify the office when scheduling your exam. Premedication may be necessary depending on the clinical history. If indicated the radiologist or your referring doctor can call your pharmacy. When arriving at the office for your appointment, please notify the front desk and the technologist performing the examination if you have an allergic history or have been premedicated.